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## Confidential Patient Information Form

### GENERAL INFORMATION

Date: \_\_\_\_\_ Referred By: \_\_\_\_\_

Full Name: \_\_\_\_\_

Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Sex: Male Female

### CONTACT INFORMATION

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

May we send mail here: YES NO

Mailing Address or PO Box: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

May we send mail here: YES NO

Home Phone: ( ) \_\_\_\_\_

May we leave a message here: YES NO

Mobile Phone: ( ) \_\_\_\_\_

May we leave a message here: YES NO

Work Phone: ( ) \_\_\_\_\_

May we leave a message here: YES NO

Email Address: \_\_\_\_\_

May we leave a message here: YES NO

### EMERGENCY CONTACT

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Home Telephone: (    ) \_\_\_\_\_ Mobile Telephone: (    ) \_\_\_\_\_

**EMPLOYMENT INFORMATION**

Employer: \_\_\_\_\_

Length of Employment: \_\_\_\_\_

Occupation: \_\_\_\_\_

Average Hours Worked per Week: \_\_\_\_\_

Retired: YES    What year: \_\_\_\_\_    NO

**EDUCATION INFORMATION**

Highest education completed: \_\_\_\_\_

Are you currently attending school:    YES    NO

If Yes, What Level: \_\_\_\_\_ Degree Pursuing: \_\_\_\_\_

**RELATIONAL INFORMATION**

Current Marital Status:    Single    Engaged    Married    Separated    Divorced    Widowed

Are you content with your current status:    YES    NO

If no, Briefly Explain: \_\_\_\_\_

If Married, How Long: \_\_\_\_\_    # of Previous Marriages for you: \_\_\_\_\_  
# for Spouse: \_\_\_\_\_

If Separated or Divorced, How Long: \_\_\_\_\_

If Widowed, How Long: \_\_\_\_\_

With Whom Do You Currently Live (circle all that apply):

Alone    Spouse    Children    Parents    Siblings    Boyfriend    Girlfriend    Other: \_\_\_\_\_

**SPOUSE / PARTNER INFORMATION**

Full Name: \_\_\_\_\_

How Long Have You Known Your Partner: \_\_\_\_\_    Age: \_\_\_\_\_

Preferred Name: \_\_\_\_\_

Sex:    Male    Female

Occupation: \_\_\_\_\_ Avg. Hours Worked per Week: \_\_\_\_\_

Highest Education Completed: \_\_\_\_\_

**CHILDREN**

List Your Children (Living or Deceased) as well as Children You Have Placed for Adoption

Name	Sex M/F	Current Age or Date of Death	Relationship to You (e.g. Natural, Step, Adopted)	Living with You	Describe Him/Her

**MEDICAL INFORMATION**

Primary Physician: \_\_\_\_\_

Phone: (     ) \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Specialty (e.g. Family Practice, OB/GYN, Internal Medicine): \_\_\_\_\_

Are You Currently Receiving Medical Treatment:   YES   NO

If Yes, Please Specify: \_\_\_\_\_

List any Conditions, Illnesses, Surgeries, Hospitalizations, Traumas, or Related Treatments you've had  
(Use back if necessary):

\_\_\_\_\_

\_\_\_\_\_

**MEDICAL INFORMATION:**

List all current medications you are taking, including those you seldom use or take only as needed (use back if necessary):

Medication	Dosage	Improves, Prevents, Controls	Treating

Are you taking these medications according to your Doctor's Recommendations:   **YES**   **NO**

If no, please explain: \_\_\_\_\_

**PHYSIOLOGICAL SYMPTOMS**

Please circle any of the following Physiological Symptoms/Sensations that apply to you presently or in the recent past:

Headaches	Past	Present	Dizziness	Past	Present	Stomach Trouble	Past	Present
Visual Trouble	Past	Present	Sleep Trouble	Past	Present	Trouble Relaxing	Past	Present
Weakness	Past	Present	Tension	Past	Present	Rapid Heart Rate	Past	Present
Difficulty Breathing	Past	Present	Intestinal Trouble	Past	Present	Hearing Noises	Past	Present
Change in Appetite	Past	Present	Tiredness	Past	Present	Pain	Past	Present
Hearing Voices	Past	Present	Seeing Things	Past	Present	Other	Past	Present

Your Height: \_\_\_\_\_ Your Weight: \_\_\_\_\_ How has your weight changed in the last 2-3 Months: \_\_\_\_\_

**CURRENT STATUS**

Please circle any of the following problems that apply to You and/or Family:

Stress	You	Family	Nervousness	You	Family	Anxiety	You	Family
Panic	You	Family	Unhappiness	You	Family	Depression	You	Family
Guilt	You	Family	Apathy	You	Family	Terminal Illness	You	Family
Recent Death	You	Family	Grief	You	Family	Hopelessness	You	Family
Inferiority Feelings	You	Family	Defective Feelings	You	Family	Loneliness	You	Family
Shyness	You	Family	Fears	You	Family	Friends	You	Family
Marriage	You	Family	Communication	You	Family	Physical Abuse	You	Family
Emotional Abuse	You	Family	Verbal Abuse	You	Family	Sexual Abuse	You	Family
Temper	You	Family	Anger	You	Family	Aggressiveness	You	Family
Bad Dreams	You	Family	Concentration	You	Family	Racing Thoughts	You	Family
Unwanted Thoughts	You	Family	Memory	You	Family	Loss of Control	You	Family
Impulsive Behavior	You	Family	Self-Control	You	Family	Compulsivity	You	Family
Sexual Problems	You	Family	Pregnancy	You	Family	Abortion	You	Family

**LEVEL OF DISTRESS**

Indicate how distressed you are by placing an "X" on the scale below (1=Very Little Distress; 10 = Extreme Distress)

1      2      3      4      5      6      7      8      9      10

Are you currently experiencing any suicidal thoughts: YES NO

Have you Experienced Them in the Past: YES NO

Have you ever attempted Suicide: YES NO

If Yes, When & How: \_\_\_\_\_

**PRESENTING ISSUES AND GOALS**

Please describe why you are coming to counseling (i.e. What are your issues, problems?):

\_\_\_\_\_

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Why have you decided to come for counseling at this time:

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What do you hope to gain or change by coming to counseling:

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How long do you believe counseling should last:

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### **PREVIOUS COUNSELING**

Please list any previous counseling psychiatric treatment, or residential/in-patient care you have received:

Therapist	Location	Dates	Reason

### **RELIGIOUS/SPIRITUAL BACKGROUND**

Do you regularly attend a place of worship: YES NO

If Yes, Where: \_\_\_\_\_

Do you have a Personal Support System: YES NO

If Yes, Who: \_\_\_\_\_

**PATIENT INSURANCE INFORMATION**

Insurance Policyholder Information

Full Name: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_

Employment Status: (circle) FULL-TIME PART-TIME RETIRED DISABLED UNEMPLOYED

Employers Name: \_\_\_\_\_

Employers Address: \_\_\_\_\_

Primary Insurance Company:

Primary Policy #: \_\_\_\_\_

Insurance Plan Name: \_\_\_\_\_ Group #: \_\_\_\_\_

Primary Insurance Address: \_\_\_\_\_

Primary Insurance Telephone: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_

Secondary Insurance Company:

Secondary Policy #: \_\_\_\_\_

Insurance Plan Name: \_\_\_\_\_ Group #: \_\_\_\_\_

Secondary Insurance Address: \_\_\_\_\_

Primary Insurance Telephone: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_

**Thank you**